

# How To Care For Your New **valplast** Appliance

Congratulations on choosing Valplast® for your new dental restoration. Valplast® has been in wide clinical use since 1953 and is enjoyed by millions of dental patients around the world. You'll be glad to know that most patients become immediately accustomed to their comfortable and light-weight Valplast® restoration. However, you may experience a brief adjustment period, especially if you have never worn a dental appliance before. Should you experience any persistent irritation, please consult your dentist so that he or she can make necessary adjustments to your appliance.

Valplast® restorations, like your own teeth, require care and good oral hygiene. To keep your Valplast® restoration looking and feeling like new, please follow these simple directions:



1. Clean your Valplast® appliance regularly. Val-Clean® Concentrated Denture Cleaner will safely, quickly, and effectively maintain the cleanliness of Valplast® partials as well as other removable dental appliances. Other brands are not recommended as they will not effectively clean your Valplast appliance. Val-Clean® is easy to order by calling toll-free (888) 325-3260 or by placing your order online at [www.valclean.com](http://www.valclean.com).

2. Soak your Valplast® appliance in Val-Clean® for 10-15 minutes a day or whenever it is not being worn. If staining develops, the appliance may occasionally need to be soaked overnight.

3. Loose particles can be removed with the use of a Valplast® Sonic Denture Cleaner, or by placing the appliance under running water. Brushing a Valplast® appliance is only recommended with the special Valplast cleaning brush as other brushes may remove the polish and roughen the surface of the appliance over time.

4. Whenever possible, rinse your Valplast® appliance after eating to remove food particles.

5. Keep the partial in water or Val-Clean® whenever it is not being worn to keep the surface hydrated.

6. Remember to brush your natural teeth and gums regularly as directed by your dentist.



## Additional Tips For The Care of Your Valplast Appliance

- Cleanse the Valplast® appliance daily and keep it in water or Val-Clean® whenever it is not being worn.
- Other brands of denture cleaner are not recommended for cleaning a Valplast® appliance, as they will not effectively clean the Valplast appliance and may contain ingredients that can damage the Valplast® or its color.
- Toothpaste and toothbrushes may scratch or dull the surface of your Valplast® appliance. Be sure to remove your Valplast® restoration whenever you brush your natural teeth.
- Please keep the appliance out of reach from pets. Dogs and other pets find dental appliances to be attractive chew toys.
- Valplast® appliances are very durable and are designed to give long term performance under normal usage. Please note that the Valplast® base material will resist fracture or breakage better than the synthetic teeth that are embedded in it. Small accidents such as dropping the appliance in the sink or on the floor will not damage the Valplast®, but may cause the teeth to fracture. Please handle the appliance with care.
- Contact your dentist if you experience any discomfort from your dental restoration or if you ever have any abnormality with your natural teeth or gums.