# **Cosmetic Dentistry**

#### **INTRINSIC STAINS**

Stains beneath the tooth enamel are known as intrinsic stains. This type of staining is commonly caused by:

- Aging
- · Defects within the tooth
- · Use of certain antibiotics during tooth development
- Smoking

Also, your diet can affect the brightness of your smile. The following foods and beverages often contribute to tooth stains on or beneath tooth enamel:

- · Tobacco products
- · Coffee
- Tea
- · Red wine
- · Colored juices
- Curry
- Soy
- · Cola drinks
- · Minerals in well water

#### WHITENING OPTIONS

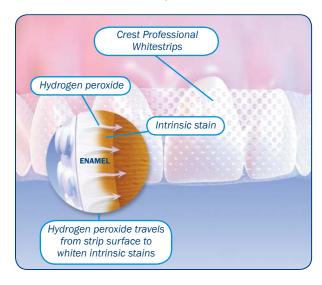
If you are concerned about the color of your teeth, ask your dentist or hygienist about various options for tooth whitening, including:

# **Before** After Bleaching **Bonding** Veneers Inlays

#### CREST PROFESSIONAL WHITESTRIPS

Whitening Technology that gives you noticeably whiter teeth

- Crest Whitestrips contain hydrogen peroxide, which gets at stains beneath the tooth surface
- . Thin, clear, flexible strips adhere directly to teeth
- · Just 30 minutes, twice a day for 3 weeks



## Color improvement over 21 days' use





Brought to you by





### **KEEPING TEETH WHITE**



After any whitening procedure, daily care is key in keeping teeth bright. Brushing with a whitening toothpaste like Crest Nivid White will help to maintain whiter teeth and ensure good oral health. Sodium hexametaphosphate, a key ingredient in Crest Vivid White, provides stain removal and protection benefits.



#### **POWERFUL WHITENING**



#### WHITENING PROTECTION

Ask your dental professional how these Crest products can help you:

- · Crest Whitestrips Supreme
- · Crest Vivid White



